

# 21st Annual RIE™ Infant/Toddler Conference for Parents and Professionals



## PRESENTATION DESCRIPTIONS

### Becoming Attached

by Sir Richard Bowlby

This presentation gives a rapid overview of the development and significance of attachment relationships throughout life. It makes extensive use of video and personal examples to illustrate the various concepts and it acts as both an introduction and as a refresher.

### RIE and Healthy Attachment: Putting Theory Into Practice

by Johanna Herwitz

In this presentation, the seven basic principles of RIE will be introduced and described from the perspective of Attachment Theory. After a brief description of each principle, we will consider which tenets of Attachment Theory are relevant to each principle. Herwitz will discuss how RIE's Educaring Approach offers concrete suggestions for putting Bowlby's theory of parent-infant attachment into practice on a daily basis.

### RIE and Self-Regulation

by Ruth Anne Hammond

For decades, RIE practitioners have practiced what Magda Gerber called "selective intervention" in helping infants and toddlers cope with the ups and downs in their lives. Hammond will illustrate the ways in which this observation-based approach allows for optimal development of the stress response, in infants and their caregivers.

### Primary Attachment Figure or Secondary Attachment Figure: Who Cares?

by Sir Richard Bowlby

To better understand the practical applications of bonding and attachment, this presentation will examine the attachment needs of babies and toddlers during non-parental daycare. When in unfamiliar surroundings and separated from their mother figure (or a much loved secondary attachment figure), babies and toddlers between the age of about 6 months and 30 months feel lost and afraid. They will have their "attachment seeking response" activated and will try to find their mother figure. Searching for their mother figure is a specific behavior in response to feeling afraid, and this searching will continue until satisfied by a specific experience – proximity to mother figure or a much loved secondary attachment figure.

### Fostering Healthy Secondary Attachments in Group Care

by Polly Elam

Secure attachments for infants and toddlers in the absence of the parent and family members are critical for emotional development. The presentation will explore a variety of policies to support the family, the child and the caregiver in developing healthy relationships for all.

### Educaring and the Family: Two Parents' Perspectives

by Nina Hachigian and Antonio Rangel

The application of RIE's Educaring Approach and its benefits are richly described by political analyst Nina Hachigian and neuroscientist Antonio Rangel.

